

# AESTHETICA



**Laser Surgery Center  
Cosmetic and Plastic Surgery  
Cosmetics and Skin Care**

**Gregory G. Caputy, M.D., Ph.D.**  
chief surgeon  
**Joy A. Bliss, R.N., B.N., M.Sc., Ph.D.**  
clinic administrator

*Reveal your inner beauty*

---

## About your surgeon

**Gregory G. Caputy  
M.D., Ph.D., F.I.C.S.**

---

I wish to take this opportunity to introduce myself to you. I believe that you have the right to know more about me than simply the “letters after my name”, professional associations to which I belong and superfluous training information. I hope to allow us to get to know one another on a more personal basis than most doctor - patient relationships and to develop the mutual trust which I believe is necessary for an optimal surgical outcome. I believe that this is important due to the nature of aesthetic / cosmetic surgery. Since it is elective surgery, you have the opportunity and time to decide upon your surgeon. I am providing this brochure in order for you to get to know me better and to aid you in making that very important decision.

I began my life and spent most of my formative years in Calgary, Alberta, Canada. This is a western Canadian city in its truest sense. I was horseback riding and skiing before I began school and I have continued with an active, outdoor lifestyle. I always maintained high standards in my schoolwork and received many awards during my school years. I began to study the martial

arts and studied several forms for a short time before finding the Korean form (Tae Kwon-Do) and studying in earnest. I attained my black belt before my 16th birthday and went on to teach for 2 years. The martial arts taught me the discipline and strength necessary to achieve my goals and weather those difficult times that we all must face from time to time.

I graduated from the University of Calgary with a biochemistry major and minors in biology and psychology. I wanted to pursue further studies in the sciences and I consequently began graduate studies in the field of microbiology. I not only learned about true science from these studies but also how to gather and present data in meaningful ways at national and international meetings. I worked summers in Hawaii taking fledgling scuba divers to enjoyable dive sites.

I then became ill with an undiagnosed condition despite almost one year of testing and travel to centers of medical excellence. I was very weak and stressed but, upon being told that the illness was “in my head”, I summoned all of my reserves of strength and discipline and scheduled my candidacy examination (a grueling 3 week long examination). The first question on the examination pertained to a very recently described condition of colitis following treatment of various conditions by antibiotics. I had taken various forms of antibiotics in varying doses over the preceding 5 years for rather severe acne. I successfully completed the examination despite my obvious fixation on this subject. I then embarked on convincing the medical community of the diagnosis and found a physician who prescribed the appropriate treatment. I felt better almost immediately. I was convinced that I could be a

better doctor than those dozens who I had seen as a patient. I applied to medical school, was accepted at several but chose to remain in Calgary as I had yet to complete my graduate school studies and my thesis. I completed my thesis in early 1983 and graduated from medical school in 1986.

I knew that I wanted to be a surgeon before finishing medical school as I felt then, as I do now, that very few other fields of medicine allow for actual improvement in or cure of a patient’s condition. I thus planned to begin general surgery training after a 1 year internship. I had been very impressed with patient care at the Mayo Clinic when I had been there as a patient so I applied and was accepted in general surgery residency there.

Prior to completion of my internship, I went skiing one day and met my wife-to-be, Joy Anne Bliss, in a ski lift line. We rode up the lift together and instantly began to communicate on a level far above the ordinary. I soon found out that Joy was the head nurse of a large post-partum unit where I was starting a rotation the following week. I courted her and she left with me to go to the Mayo Clinic a few months thereafter.

I decided early during my time at the clinic that I did not wish to be a general surgeon both due to the lifestyle and personality needed for that specialty. I recalled the finesse of technique and great help afforded to patients by plastic surgery and slowly came to the realization that this was the field of surgery in which I wanted to spend my life. I chose to attend Dalhousie University in Halifax, Nova Scotia, Canada because of its fine international reputation as well as its heavy clinical workload.

I developed expertise in reconstructive surgery of the face using the latest craniofacial techniques, micro and hand surgery and general plastic surgery involving muscle and skin flaps. My work from a study I had completed at the Mayo Clinic on malignant melanoma was accepted at a national meeting in Orlando, Florida and work that I had completed during my first year of plastic surgery residency won the Canadian prize as the best research in plastic surgery in the country. I presented that work at an international meeting in Santiago del Compostella, Spain. Our first son, Jordan was born 10 minutes after midnight on the day that my residency ended in 1991. He has changed, validated and, in many ways, completed our ideas about life and taught us the reasons for living. His brother, Jared, was born in Honolulu, Hawaii in June of 1995.

I planned 3 years of postgraduate training in aesthetic surgery. I do not believe that aesthetic surgeons need 8 to 10 years of reconstructive plastic surgery practice prior to beginning an aesthetic practice. Many older surgeons have spent most of their lives in practice performing reconstructive procedures and have little or no training in aesthetic surgery. Rather, I believe that surgeons should train in the field in which they want to practice. I set out to train with the world's best individuals in aesthetic / cosmetic surgery. I spent 4 months training at the Centre de Chirurgie Plastique in Lausanne, Switzerland with Drs. Rudolphe Meyer and Ulrich Kesselring. I learned a great deal about liposculpture and various forms of laser surgery. I then spent 6 months at the

University of California at San Francisco with Drs. N. Scott Adzick and Michael Harrison studying the healing of adult and fetal wounds. This research is exciting and at the forefront of plastic surgery because of the promise of possible scarless healing in the future. Joy completed her doctoral thesis and her thesis went on to be awarded the Blanche Wells Award as the best thesis of the year at Walden University. From there, we traveled to Honolulu, Hawaii where I spent 16 months as fellow to Dr. Robert S. Flowers. We wrote 10 papers together during my fellowship with him which have been presented at many national and international meetings and are published in the most reputable journals of our field.

We set up practice in Honolulu following being awarded immigrant status based upon "extraordinary ability". Within two years of practice, I was given the honor of carrying the **Olympic Torch** for community services provided through our not-for-profit corporation **AESTHETICA** Community Services, Inc. I have also been honored with a Hana Hou Award through KITV in Honolulu for these community programs. I received the Governor's award for community service in the year 2000. **AESTHETICA** is a member in good standing of the Better Business Bureau. I was inducted into **America's Who's Who** in 1997 and am a lifetime member of that organization. I was awarded **Cosmetic Surgeon of the Year 1999, 2001 and 2002** by the editorial staff of Consumer Business Review.

My professional credentials, in addition to what I have related to you above include the following: I am board-certified by the American Board of Laser Surgery in Plastic Surgery. I am board qualified by the Royal College of Surgeons of Canada in plastic surgery (the Canadian equivalent of the American Board), I am an associate fellow of the International Society of Plastic and Reconstructive Surgeons and a fellow of the International College of Surgeons in plastic surgery. I am a member of the American Academy of Cosmetic Surgery, the Northwest Society of Plastic Surgeons, the Atlantic Society of Plastic Surgeons and the Hawaii Plastic Surgery Society. I am licensed to practice medicine and surgery in Texas, California, and Hawaii. I am a member of the American Medical Association, Hawaii Medical Association, and the Mayo Clinic, University of Calgary and Dalhousie University Alumni Associations. I am an active member of the Wound Healing Society and the American Society for Laser Medicine and Surgery. I am a diplomate of the American Board of Forensic Examiners and have testified as an expert in the field of cosmetic plastic surgery, surgical infections and wound healing. I routinely teach other physicians techniques of laser surgery for such organizations as Medical Alliance Corporation, Coherent Laser Corporation and Laserscope Corporation.

I hope that this short synopsis of my professional and private life give you, my patient, some idea of me as a person. I hope that we will be able to work together to realize your personal goals in terms of

---

**One Kapiolani Building, 600 Kapiolani Boulevard  
Suite 409, Honolulu, HI 96813  
Phone: (808) 536-8866, (800) 488-9855  
Facsimile: (808) 536-8867  
e-mail: caputy\_bliss@msn.com**

matching your appearance with the view that you have of yourself in your mind's eye. I will try my utmost to guide you in what is possible in this regard and also to try to guide you in what is most desirable and beneficial *to you*. We are embarking on this surgical journey together with your safety, comfort, privacy and our agreed upon goals as our main considerations.

---

*One Kapiolani Building, 600 Kapiolani Boulevard  
Suite 409, Honolulu, HI 96813  
Phone: (808) 536-8866, (800) 488-9855  
Facsimile: (808) 536-8867  
e-mail: [caputy\\_bliss@msn.com](mailto:caputy_bliss@msn.com)*